



IX 305 INTERNATIONAL IMPROV FEST '25 \ SJO \ PROGRAM

IX 305IIF25 \ WORKSHOPS \ SJO / COSTA RICA

"Improvisation Workshop" (Workshop)

Camilo Regueyra Bonilla (Costa Rica)

@ TEATRO DE LA DANZA

April 8

10:30 AM - 12:00 PM

CENAC \ San José, Costa Rica

"Abstract Memory" (Workshop)

Jayne Pennington Honding (Costa Rica)

@ TEATRO DE LA DANZA

April 8

1:00 PM - 2:30 PM

CENAC \ San José, Costa Rica

"From the Inside Out" (Workshop)

Jeremy Nelson (NY, US)

@ TEATRO DE LA DANZA

Streaming Live

April 9 - 10

9 AM - 11 AM

CENAC \ San José, Costa Rica

"Improvisation and Video Art: The Female Body as Resistance" (Masterclass)

Marcia Beatriz Granero (Brazil)

@ TEATRO DE LA DANZA

April 9

2 PM

CENAC \ San José, Costa Rica

IX 305IIF25 \ PERFORMANCE & FILM PROGRAM \ SJO / COSTA RICA

@ TEATRO DE LA DANZA

Streaming Live

April 10 \ 7pm

CENAC, San José, Costa Rica

"TIMEO"

Film \ 2025 \ US

Directed by Joy Castañeda \ US - Venezuela

LA PELOTA

(Film \ 2025 \ Costa Rica)

Directed by **Paz León**

Made in Heaven

(Performance \ Miami, US)

Choreographer: **Enrique Villacreses**



CABALLO

(Film \ 11' 23" \ 2023 \ Cuba)

Directors: **Ixchel Casado y Thais Doimeadios**

Cuerpos Empotrados

(Performance \ Costa Rica)

Choreographers: **Juan Leiva Ramírez \ Sebastián Sedó Abdala**

Sister

(Film 3' 7" \ 2024 \ France)

Directed by **Céline Loriente**

The Yard – In and out of Place

(Film 5' 56" \ 2022 \ Finland)

Directed by **Juhani Haukka**

"Ser y Estar"

(Performance \ Miami, US)

Concept: **Niurca Marquez**

Performers: **Niurca Marquez and Carla Forte**

"Vessels"

(Film \ 3' 55" \ 2025 \ US)

Directed by **Hayley Rigby**

M E S A

(5' 6" Film 2024 \ US)

Directed by **Enrique Villacreses**

A **Syncopate Collective Film**

J k L

(Performance \ NY, US)

Choreographers: **Jeremy Nelson @ Luis A. Lara Malvacías**

"JAQUE IN PROGRESS"

(Film 5' \ 2025 \ Brazil)

Directed by **Marcia Granero**

45 C. N. D.

(Film \ 4' 57" \ 2025 \ Costa Rica)

Directed by **Hellen Hernández**

"Presentation of the outcome of the workshop "From the Inside Out"

(Performance)

Directed by **Jeremy Nelson**

IX 305IIF25 \ MIAMI

<https://www.bistoury.org/305iif25>

IX 305IIF25 \ COSTA RICA

<https://www.bistoury.org/305iif25-cr>

BFTF (IG)

[@bistoury_physical_theatre](https://www.instagram.com/bistoury_physical_theatre)

O CINEMA (Tickets)

[Tickets](#)

IX 305IIF25 \ Workshop's \ Promo

<https://vimeo.com/bistoury/IX305IIFworkshops>

IX 305IIF25 \ Promo

<https://vimeo.com/bistoury/IX305IIFpromo>